

**Suginami City will reduce the National Health Insurance Premiums for those insured who give birth after November 2023 for the period before and after childbirth.**

(1) Contents

For those insured by the National Health Insurance who are scheduled to give or have given birth after November 2023 (Reiwa 5), Suginami City reduces the National Health Insurance Premiums for the following periods.

**For four months from the month before the month to which the expected or delivery date belongs (in the case of multiple pregnancies, for six months from three months before)**

(Example: If you will deliver on February 1, 2024, the reduction period is from January to April 2024)

\* Childbirth means a birth after 85 days (4 months) or longer of pregnancy, including stillbirth, miscarriage, premature birth, and artificial abortion.

\* The City will reduce the premiums for January 2024 (Reiwa 6) and after.

(2) Applications

○ You can apply from six months before the expected date of delivery. You can also apply after giving birth. If you delay for more than one year, the City may be unable to reduce your insurance premiums.

○ For information on necessary items and places for application, please contact below.

(3) Inquiries

National Health Insurance Eligibility Subsection

National Health Insurance and Pension Section

Health and Welfare Division

Suginami City Office

 03-5307-0641 (direct number)