

Disaster Prevention Guide

Glossary of terms

- Emergency Medical Care Site**
 Emergency Medical Care Sites will be established in disaster base hospitals / cooperative hospitals during the hyperacute period (for 72 hours immediately after a disaster). They triage and treat slightly ill patients.
- Disaster Supply Storage**
 A warehouse that mainly stores items that are not used immediately after the disaster out of the stockpile of the earthquake relief camp.
- Water Supply Point**
 A place to supply drinking water during a disaster. It is necessary to prepare a plastic tank, water feed plastic bag, etc.
- Large-scale Evacuation Area/ Temporary Evacuation Area**
 A temporary evacuation site to protect yourself from fire in the case of a large-scale fire occurrence following an earthquake.
- Disaster response base (Community Hall)**
 A disaster countermeasure base in each district. It collects information from various places and provides it to the Disaster Response Headquarter and each earthquake relief camp. It also serves as a base for issuing disaster victim certificates.
- Temporary accommodation facility for those people who have difficulty returning home (Community Hall, Community Flat Eifuku)**
 A facility temporarily accepts those staying around the station and who do not have a place to stay because they have suffered from disaster outside and have difficulty returning home.
- Secondary relief station (Community Hall)**
 Considering the evacuation situation, the City will open a facility to provide relief activities for those who need special care and have difficulty living in earthquake relief camps.
- Disaster bathing cooperative facilities**
 A facility that provides opportunities for bathing and water for daily use in the event of a disaster.

Daily Preparations

- Thoroughly check the means of communication with your family and the locations of the earthquake relief camps and the evacuation areas on the map on the front.
- Make an evacuation card with your address, name, date of birth, blood type, past illnesses, phone number, information about your evacuation site, Message Dial, etc., and make it available during a disaster.
- Take measures to prevent furniture, etc., from tipping, falling over, or shifting (including TVs and refrigerators).
- Equip a fire extinguisher and a fire alarm in preparation for fire.
- Make sure that items with a risk of falling are not placed in high places.
- Store a 3-day supply of water and food for your family. (Store 3 liters of water per day for each person)
- Prepare storage batteries to ensure power supply in case of evacuation at home.
- Prepare an emergency bag.

Emergency Materials



- The City helps you to purchase emergency supplies. Inquiries ▶ Disaster Prevention Section
- Making your house earthquake resistant: It is important to make a seismic diagnosis and make your home resistant to earthquakes. The City has subsidy programs for a seismic diagnosis and renovation costs. Inquiries ▶ Seismic Retrofitting Desk, Building Control Section

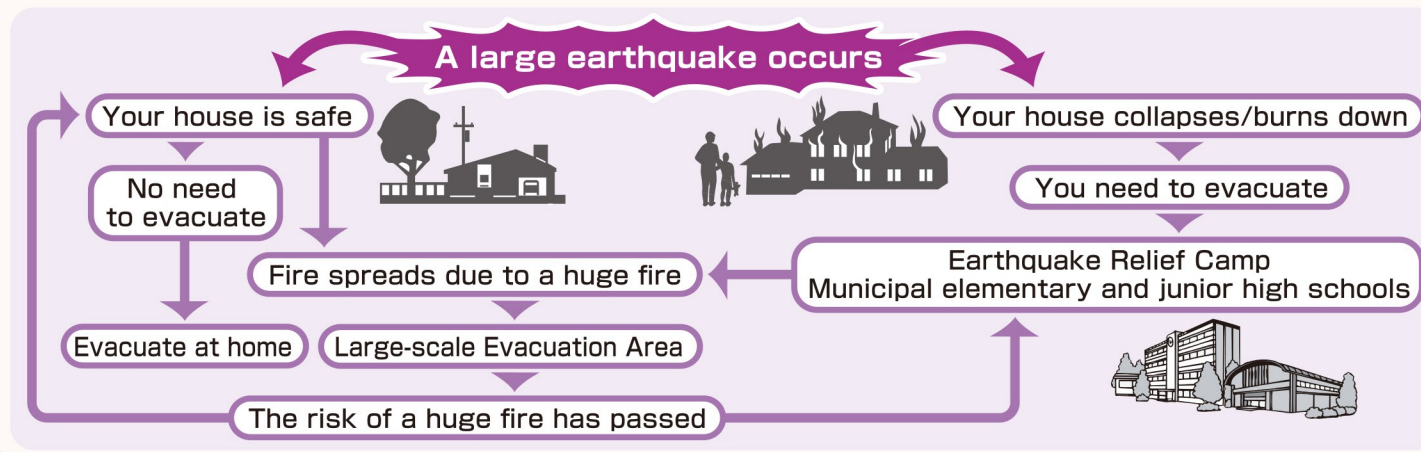
Evacuation Procedure

- The cases you need to evacuate when a large earthquake occurs:

Evacuation is the last measure

The following two cases are examples of when you need to evacuate. In either case, life-saving and fire extinguishing should be given the first priority, and evacuation will be the last measure.

- If you cannot stay in your house due to its collapse, having burned down, etc., evacuate to **an earthquake relief camp**. All municipal elementary schools, junior high schools, etc., in the city, are the ones where you can receive necessary relief supplies, disaster information, etc.
- If there is a risk that not only your house and the earthquake relief camp, but also the entire district or city, will catch fire due to a massive fire, etc., evacuate to **Large-scale Evacuation Area**. The places with open space, such as large parks, universities, housing complexes, etc., are designated as the Large-scale Evacuation Areas.



Cautions when you evacuate



- Prepare rugged footwear and change into comfortable clothing.
- When you leave your house, turn off the circuit breaker and gas at the main valve.
- If possible, evacuate in a group led by the leader of the disaster prevention association, etc.
- Put your pet into a cage and evacuate together. The owner should take care of the pet at the evacuation destination, so take pet food and necessary supplies with you.
- Refrain from using a car.

Collecting Information

- Suginami City official website**
 Information about disaster, weather, and evacuation sites, etc., will be provided on the City's website.
<https://www.city.suginami.tokyo.jp/>
- Telephone answering service for the disaster prevention administrative radio system**
 You can check the contents broadcasted from the "Disaster administrative radio towers" installed outside by phone.
[How to use]
 Please call the following phone numbers.
 ○ Landline phones starting with "03", IP phones, mobile phones, and PHS
 ⇒ 0120-170-100 (toll free)
 ○ Other than the above (general phone calls from outside the city)
 ⇒ 03-5378-8221 (Call charges apply)
 * You can check the contents up to 12 hours after the broadcast.



Suginami City official website

Disaster Prevention / Crime prevention Information Email Delivery Service

We will deliver the contents broadcasted from the "Disaster prevention administrative radio towers" installed outside, weather information, and information on crime prevention.

[Information to be delivered]

- Earthquake occurrence information : When an earthquake with seismic intensity three or greater occurs in Suginami City
- Weather information : When heavy rain or flood special warning/warning/advisory, storm warning, and photochemical smog warning/advisory are announced or canceled
- Rainfall information : When rainfall reaches a certain standard value (exceeds 10 mm for 10 minutes or 50 mm for 1 hour) in Suginami City
- River water level information : When the water levels of the Myoshoji, Kanda, and Zempukuji Rivers reach dangerous/warning levels
- Landslide warning information : When a landslide warning is announced or canceled in Suginami City
- The contents broadcasted from the disaster prevention administrative radio system, urgent notices from the city, crime prevention information, etc.

[How to register]

- Send a blank email or any email to t.sss_en@sgnm.lisamail.jp from smartphones, tablets, or PCs that you wish to receive emails.
- When you receive a reply, click the URL in the text.
- Follow the instructions on the registration screen, select the information you want to receive by email, and click the register button.

*When you read the QR code for registration, the email sending screen will appear.

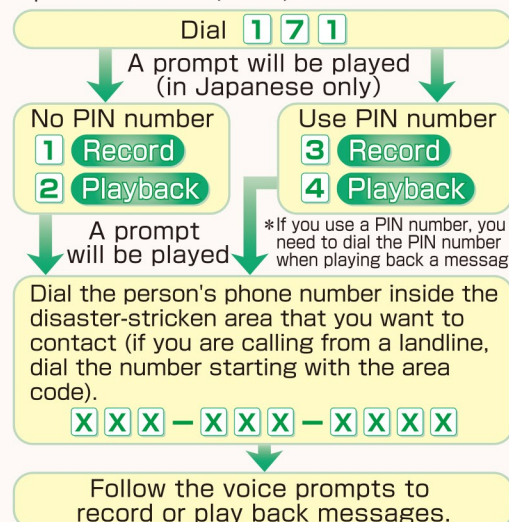


Registration QR Code

How to Use Disaster Emergency Message Dial (171)

How to Use

Dial 171 and follow the voice prompts to record or play back a message. Recording or playing back messages will be conducted using the person's phone number inside the disaster-stricken area. This service cannot be used during regular periods. When this service becomes available during a disaster, it will be reported on the TV, radio, etc.



- The call charge for calls from NTT East and West is free. (*1)
- The message recording time is up to 30 seconds per message.
- The service accumulates one to 20 messages per phone number. (You will be notified when the service becomes available.)
- The message storage period is until the end of the provision period.
- * Messages will be automatically deleted after the end of the storage period.
- The phone numbers that you can register: landlines, IP phones (including 050), mobile phones, and PHS
- The service will be linked with the Disaster Emergency Message Board. (*2)
- The messages registered through Dial 171 can be played back on web171 as audio files.
- The messages registered on web171 can be played back through Dial 171 after voice conversion.
- *1 The call charge when recording/playing back a message with NTT EAST/NTT WEST is free. Please contact each business operator for questions regarding call charges when calling from other business operators' phones, mobile phones, or PHS. The same applies to trial use.
- *2 Internet connection and communication costs will be charged.
- Please see the website of NTT EAST for the details.**

<https://www.ntt-east.co.jp/saigai/index.html>

Information about the Disaster Emergency Message Dial (171) and Disaster Emergency Message Board.

You can try this service on the 1st and 15th day of the month!



The trial use is available for you to use smoothly during a disaster. Try it at least once.

- First three days of the New Year (January 1-3)
- Disaster Preparedness and Volunteer Week (January 15-21)
- Disaster Preparedness Week (August 30 - September 5)

*When a natural disaster occurs, the trial use may not be available.